

KHtheKARTOONiST - Turn Your Brain Off

{Verse 1}

It's 12 A.M

I've had my share of dopamine

So I turn the lights off

And get underneath my sheets

When suddenly

{Verse 2}

I'm forcefully reminded of the

Past I left behind

My health is getting worse

And I feel like I'm gonna die

I'm a pessimist

Sick of being sad all the time

Why can't I just rewind?

{Chorus}

Turn your brain off

Just calm down, breathe in, relax

Turn your brain off

Please just cut yourself some slack

â€ˆCuz you'll be fine

Turn off your phone

And you'll be better by tomorrow

So turn your brain off

Turn your brain off

And go back to sleep

{Verse 3}

It's 3 A.M

As the seconds on the clock are passing by

You're traversing through this wicked labyrinth inside your mind

Of all your traumas
Your fears you tucked away so long ago
But the cracks, they start to show
Don't let anybody know

{Verse 4}

That you're damaged, broken, unfixable
Though on the surface, you pretend that you're invincible
You're an actor on the stage
There's a part you gotta play
And when the show is over
Maybe then these thoughts will go away

{Chorus}

Turn your brain off
Just calm down, breathe in, relax (calm down, breathe in, relax)
Turn your brain off
And try not to have a panic attack
And maybe you'll be fine
Or maybe you won't
But we won't know until tomorrow
So turn your brain off
Just turn your brain off

{Bridge}

I'm drowning in this endless sea
Of "what if's" and the "probably's"
I wish these thoughts would let me be
"Cuz I'm so sick of being me
So how do I stop being me?!

{Chorus}

Turn your brain off
Take a breath, you'll be okay

**But what if somehow I get cancer
And don't wake up the next day?**

**I can't turn my brain off
Oh god, I think I've lost my mind
Someone turn my brain off
Before I keel over and die
â€˜Cuz I'm not fine (you're all alone)
No I'm not fine (will you ever see tomorrow?)
Turn my brain off**