

## **Gothic Psychology - Burn Out**

### **(Verse 1)**

**In the midst of endless night, I'm lost and feeling torn  
Chasing dreams and endless fights, with hope a bit forlorn  
Productivity, it slips away, like sand between my fingers  
Burnout's shadow, close to stay, as the candle of hope flickers**

### **(Chorus)**

**Oh, it's better to burn out than to fade away  
But sometimes, I wonder if I'll make it through the day  
With this heavy load of hopelessness I bear  
I'll find a way to rise above, to breathe the hopeful air**

### **(Verse 2)**

**Mornings greet me with tired eyes, a soul in need of rÐµst  
Stuck in this cycle, endless tiÐµs, striving to do my best  
My dreams, they seem so far away, like stars on a cloudy night  
But I'll keep on pushing through the gray, in the hope of finding light**

### **(Chorus)**

**Oh, it's better to burn out than to fade away  
And even in my darkest hours, I'll find a way  
With this heavy load of hopelessness I bear  
I'll find a way to rise above, to breathe the hopeful air**

### **(Bridge)**

**In the depths of despair, I'll find my inner strength  
To break the chains of burnout, to go to any length  
For even in the darkest times, there's a spark within my core  
A glimmer of hope, a chance to soar**

### **(Verse 3)**

**As the world keeps turning 'round, and shadows fill the day**

**I'll rise from the depths, from the ground, and chase my fears away  
For it's better to burn out in a blaze, with a fire in my heart  
Than to let hopelessness and doubt keep me torn apart**

**(Chorus)**

**Oh, it's better to burn out than to fade away  
And I know I'll make it through, come what may  
With hope rekindled, I'll break these chains that bind  
In this battle against burnout, I'll find my peace of mind**

**(Outro)**

**Fall, then fade, then maybe fall again  
For me**