

## **Griffith McCarthy - Mm..food**

**{Verse}**

**Whenever I'm expecting a lot of company  
Haven't had a lot of company in a long time  
But if I were expecting some  
I'd whip up a reallyâ€™ugh!â€™ substantial meal!  
You see how strong I am!? Heh  
It's from eating all this stuff**

**Good healthy meal like the... fillet!**

**Now that's what they call soul food  
Now you got black-eyed peas  
Carrot greens  
Collard greens  
Cornbread  
Watermelon  
And for dessert...  
Pork butts**

**Eat heartily gentlemen**

**I got a really stressful day and I really, really needed some food  
Something healthy like beets**

**Showed you how good it is  
Well you may say "I don't think I'd care for that"  
So you could also fix yourself a.....gumbo!  
You gotta watch your gums on this  
But it's, it's very good, it's very healthy  
(Not perfect for every situation but edible wrappers could actually beef up  
your next meal)**

**You would only want to use the wraps when there's no food associated with the use of the wraps**

**So, uh, some potential uses include, um, wrapping, bulk-packed in a larger package**

**And in that case, the, the wrap will actually form into a sauce when you cooked your, your meats**

**Um, there's also been interest in, um, development of using the wrap and then actually rip up the wrap and consume it that way the next day**

**(It's hoped edible wrappers will do a couple of things**

**Create a new demand for produce**

**Stop throwing out as much garbage as they do**

**And eat more "chitlins")**