

Whitney Bjerken - Mental Gymnastics

{Chorus}

About to go erratic

Mental gymnastics

You'd think that I'd be over all the dramatics

My body's getting sore

I can't do this anymore

Even though I quit the sport

I still got my bag of tricks

{Verse 1}

Pressure is a feeling

Feeling is a game

Toes up by the ceiling

Head down in the drain

Holding on a little tighter

Hands are bleeding heads to blame

Hold 'em up over a lighter

Pretend I don't feel pain

{Chorus}

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I still got my bag of tricks

Mental gymnastics

{Verse 2}

Trouble in the making

Have you found someone to frame?

**The battle keeps breaking
When it starts again I shoot before I aim
It's driving me mad
Flips and twists in my brain
Bout to go insane
It's really too bad
Standing here in the rain
There she goes again what a shame**

{Chorus}

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Even though I quit the sport
I still got my bag of tricks
Mental gymnastics**